



Provide Foot Reflexology (FT)

Training hours : 110 hours
Course fees : \$1450 (exclusive of GST)
Certification : National Skills Recognition System (NSRS)
Subsidy : Up to 90% subsidy available

Course content:

- Introduction to massage
- Ethics
- Contraindications
- Basic Anatomy
- Customer Service
- Ambience, Preparation, Hygiene, Safety, Aromatherapy
- Foot Map
- Performing foot reflexology – sequence and techniques

**Head Office:
Reflexology and
Holistic Health Academy**
#05-05 OUB Centre
1 Raffles Place
Singapore 048616
Tel: (65) 6323 3988
Fax: (65) 6323 2238